

CURRICULUM VITAE

TRISHA A. BECKER, PT, DPT, MHS, OCS, LMT

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EDUCATION

May 2012	DPT in Physical Therapy, Regis University, Denver, CO
March 2002	Certification in Massage Therapy, A Gathering Place, Florissant, MO
Dec. 1998	MHS in Physical Therapy, Washington University, St. Louis, MO
May 1992	BS in Physical Therapy, Rockhurst College, Kansas City, MO

DATE OF PROFESSIONAL QUALIFICATIONS

1992	Physical Therapy License #100606, State of Missouri
2021	Physical Therapy License #, State of Hawaii
2002	Massage Therapy License #2002017711, State of Missouri

CERTIFICATIONS

Oct 2020	Board Re-certification in Orthopaedic Physical Therapy, ABPTS
July 2017	Certification in Acupuncture: 100 hours, Acupuncture Society of America
July 2010	Board Re-certification in Orthopaedic Physical Therapy, ABPTS
April 2002	National Certification in Therapeutic Massage and Bodywork
July 2000	Board Certification in Orthopaedic Physical Therapy, ABPTS
May 1999	Certified Clinical Instructor, APTA

PRESENT POSITIONS

7/01-present	Owner of Trisha Becker Physical Therapy and Wellness Services <ul style="list-style-type: none">• Provide skilled physical therapy, manual therapy treatment, and evidence based therapeutic exercise• Provide Health and Wellness Program (clinic or in-home)
12/18-present	Educational Coordinator/Instructor D'Ambrogio Institute <ul style="list-style-type: none">• Edit/create educational materials and publications• Instruct/assist in professional continuing education seminars

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CONTINUING EDUCATION

- 1992 Isostation B-200 User's Course, 1.9 CEU; John F. Barnes Myofascial Mobilization, 1.2 CEU; Pathokinesiology of the Lumbar Spine, Hip and SI, 10 CE hours; Tenth Annual Columbia Sports Medicine Seminar, 8 CE hours
- 1993 Diagnosis and Treatment of Muscle Imbalances and Musculoskeletal Pain Syndromes, Shirley Sahrman PhD, PT, 1.4 CEU; Evaluation, Treatment and Prevention of Spinal Disorders, Duane Saunders, PT, 14 CE hours; Applications 1993-Isotechnologies National Symposium, 2.1 CEU; OOC Back Evaluation System Review, .65 CEU; Knee--Evaluation and Rehabilitation of Common Pathologies, 1.9 CEU; Examination and Rehabilitation of the Shoulder, Sandy Burkart, 1.6 CEU
- 1994 Muscle Energy Techniques for the Pelvis, Sacrum, Cervical, Thoracic and Lumbar Spine, Northeast Seminars, 2.1 CEU; McConnell Patellofemoral Treatment Plan, 14 contact hours; Ankle/Foot--A Hands-on Dissection Workshop, Dr. David Chalk, 7 CE hours; Therapeutic Management of the Upper Extremity, 1.6 CEU
- 1995 The Hand--Dissection and Surgical Technique, Dr. Strege, MD, 7 CE hours; Strain/Counterstrain Workshop, Upledger Institute, 24 CE hours; Oregon Orthotic System--Seminar for Physical Therapists; Muscle Energy Techniques for the Pelvis and Spine, Upledger Institute, 24 CE hours; Treatment of Low Back Pain: Returning the Injured Worker to Work; Cervico-Thoraco-Shoulder Complex--Clinical Differential Assessment and Specific Manual Treatment, Dogwood Institute, 1.4 CEU
- 1996 Craniosacral Therapy I, Upledger Institute, 24 CE hours; Visceral Manipulation I, Upledger Institute, 24 CE hours; Clinical Instructor Training Course, Saint Louis University; Muscle Energy for the Lower Quadrants, Upledger Institute, 21 contact hours
- 1997 Mulligan Concept--Mobilizations with Movement, 1.4 CEU; Craniosacral Therapy II, Upledger Institute, 24 CE hours
- 1998 Lumbopelvic and Hip Differential Assessment and Manual Treatment, 14 CE hours; Introduction to Spinal Evaluation and Manipulation, 4.0 CEUs
- 1999 Positional Release Therapy--Lower Quadrant, Therapeutic Systems, 18 CE hours; APTA CI Education and Credentialing Program, APTA; Muscle Energy Techniques--Lower Quadrant, Therapeutic Systems, 18 CE hours; Muscle Energy Techniques--Upper Quadrant, Therapeutic Systems, 18 CE hours; Assessing and Determining Individuals Work Capacity, Concentra Medical Centers, 1.8 CEU; Introduction to Hand Therapy, CME, 1.5 CEU
- 2000 Introduction to Massage Therapy and Allied Modalities, 7 contact hours; Body Talk: Module 1, Therapeutic Systems, 15 CE hours; Fascial Release: Level I, Therapeutic Systems, 16 CE hours; Body Talk: Module 2, Therapeutic Systems, 15 CE hours; Body Talk: Module 3, Therapeutic Systems, 15 CE hours; Fascial Release: Level 2, Therapeutic Systems, 16 CE hours
- 2001 Structural Integrity Exercise Therapy, Therapeutic Systems, 19 CE hours
- 2002 Visceral Manipulation II, Upledger Institute, 24 Contact hours; Mobilisation of the Nervous system, David Butler, PT, 14 CE hours
- 2003 MT-1 Clinical and Scientific Rationale for Modern Manual Therapy, Ola Grimsby Institute, 2.1 CEUs; Cervical/Cervicogenic Headaches, Health Educators of America, 1.0 CEU; Mechanical Lumbar Pain, Health Educators of America, 2.0 CEUs
- 2004 Yoga and Rehabilitation, IWA, 1.2 CEUs; The Body Remembers, Health Positive, 12 CE hours
- 2005 Psychoneuroimmunology for the Bodyworker, Health Positive, 10 hours; Human Gross Anatomy: Back, Neck, Shoulder, Pecs, SLU-PAW 7.5CE hours; Human Gross Anatomy: Spine, Brain, Viscera, SLU-PAWS, 7.5 CE hours; PRRT, Healing Arts Seminars, 13 CE hours; Physical therapy for the Cervical spine and TMJ, APTA, 30 CE hours; Strength and Conditioning, APTA 30 CE hours
- 2006 Cartilage Restoration and Repair Conference, Center for Cartilage Restoration and Repair, 7.5CE hours
- 2007 Postoperative Management of Orthopaedic Surgeries, Orthopedic Section APTA, 30 CE hours
- 2008 Advanced Balance, Flexibility and Stability Improvement, Health Positive, 12 CE hours

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- 2009 Diagnostic Imaging in Physical Therapy, APTA, 15 CE hours; Evaluation and Treatment of Shoulder Biomechanics, North American Seminars, Inc, 15 CE hours; A Master Clinicians Approach to Advanced Concepts in Examination and Treatment of the Shoulder Complex, North American Seminars, Inc, 15 CE hours
- 2010 Current Concepts of Orthopaedic Physical Therapy, APTA, 84 CE hours; Evidence Based Orthopedic Massage, Health Positive, Inc., 13 CE hours; Results of Massage Therapy Research, Health Positive, Inc., 10 CE hours; Clinical Decision Making and Professional Development, Regis University, 6 credit hours (60 CE hours)
- 2011 Differential Diagnosis in PT Practice, Health and Wellness in PT Practice, Management of Upper and Lower Extremity Disorders and Dynamics of PT Practice, Regis University, 15 credit hours (150 CE hours)
- 2012 Doctorate Capstone Project, Regis University; Psychology of the Body, Institute for Integrative Healthcare Studies, 12 CE hours
- 2013 Education and Intervention for Musculoskeletal Injuries: A Biomechanics Approach, APTA, 30 CE hours
- 2014 Holistic Pathology I/II, Research, Ethics Related to Working with Ill or Injured Clients, Institute for Integrative Healthcare Studies, 28 CE hours (4 Ethics I)
- 2015 Kinesiotape I/II: Fundamental Concepts and Advanced Concepts and Corrective Techniques, Kinesio University, 16 credit hours; Applications of Regenerative Medicine to Orthopaedic Physical Therapy, APTA, 25 CE hours; Osteoarthritis: Linking Basic Science to Intervention, APTA, 15 CE hours; Activator Full Training Series, Activator Methods
- 2016 Acupuncture: Basic Certification: Module 1-3, Acupuncture Society of America, Inc, 75 CE hours
- 2017 Total Body Balancing: Level 1, D'Ambrogio Institute, 25 CE hours; Lymphatic Balancing: Lower Quadrant, D'Ambrogio Institute, 25 CE hours; Acupuncture: Basic Certification Module 4, Acupuncture Society of America, 25 CE hours; Lymphatic Balancing Upper Quadrant, D'Ambrogio Institute, 25 CE hours; Total Body Energetics Level 1, D'Ambrogio Institute, 25 CE hours; Total Body Balancing: Level 2-3 Intensive, D'Ambrogio Institute, 25 CE hours
- 2018 Lymphatic Balancing: Total Body, D'Ambrogio Institute, 25 CE hours; Align Pain Conference 2018, 19 CE hours; Total Body Energetics Level 2, D'Ambrogio Institute, 25 CE hours
- 2019 Align Pain Conference 2019, 19 CE hours; Visceral Lymphatic Balancing Level 1, Barral Institute, 20 CE hours
- 2020 Align Pain Conference 2020, 15 CE hours; Energetic Balancing Musculoskeletal, D'Ambrogio Institute, 20 CE hours, Cranial Lymphatic Balancing, D'Ambrogio Institute, 3 CE hours; Energetic Balancing Mind Body, D'Ambrogio Institute, 20 CE hours, Craniosacral Therapy Touching the Brain-1, 24 CE hours
- 2021 Align Pain Conference 2021, 15 CE hours
- 2022 Align Pain Conference 2022, 7 CE hours; Hawaii Physical Therapy Ethics and Jurisprudence, 2 CE hours; Screening for Orthopedics, AOPT, 15 CE hours
- 2023 Musculoskeletal Pain Management Principles, APTA, 2 CE hours; Myofascial Cupping Practitioner Certification, FMT+ Rockpods, 6 CE hours
- 2024 Elevate Pain Symposium, EIM, 9 CE hours; Mechanisms of Manual Therapy Interventions, AOPT, 10 CE hours; 2023, Issue 4: Massage & Bodywork Magazine July-August 2023, 3 CE hours, Introduction to Manual Lymphatic Drainage, ABMP, 1 CE hour; Hawaii Physical Therapy Ethics and Jurisprudence, 2 CE hours
- 2025 Tissue Tolerances, AOPT, 15 CE hours; Basic Research Methods for Understanding PT Literature, AOPT, 4 CE hours; Embodied Lymph: A Movement Practice for Lymph Flow, ABMP, 1.5 CE hour