

CURRICULUM VITAE

TRISHA A. BECKER, PT, DPT, MHS, OCS

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EDUCATION

May 1992 BS in Physical Therapy, Rockhurst College, Kansas City, MO
Dec. 1998 MHS in Physical Therapy, Washington University, St. Louis, MO
May 2012 DPT in Physical Therapy, Regis University, Denver, CO

DATE OF PROFESSIONAL QUALIFICATIONS

July 1992 Physical Therapy License #100606, State of Missouri
July 2002 Massage Therapy License #2002017711, State of Missouri

CERTIFICATION

May 1999 Certified Clinical Instructor, APTA
July 2000 Board Certification in Orthopedic Physical Therapy, ABPTS
March 2002 Certification in Massage Therapy, A Gathering Place, Florissant, MO
April 2002 National Certification in Therapeutic Massage and Bodywork
July 2010 Board Re-certification in Orthopedic Physical Therapy, ABPTS
July 2017 Certification in Acupuncture: 100 hours, Acupuncture Society of America

PRESENT POSITIONS

7/01-present Independent Contractor of Physical Therapy Services

- Acute and Chronic Orthopedic Injuries; Chronic Pain; Headaches
- Health and Wellness Programs
- Skilled manual therapy and bodywork
- Private home treatment programs

PREVIOUS PROFESSIONAL EXPERIENCE

7/14-7/17 Independent Contractor at Center for Integrated Health
7/01-7/14 Independent Contractor at STL Behavioral Med. Institute
7/92-3/01 Concentra Medical Centers/Healthline/SLUH/Tenet

7/00-3/01 Saint Louis Area Physical Therapy Director
11/96-7/00 Occupational Medicine Clinical Specialist
6/94-11/96 Senior Physical Therapist
7/92-6/94 Staff Physical Therapist

8/96-9/13 Adjunct Faculty, Department of Physical Therapy, Saint Louis University

- Lecture in Orthopedic Conditions and instruct/assist in labs
- Lecture on soft tissue injury and soft tissue interventions

9/92-12/99 PRN Home Health Physical Therapist, Missouri Bone and Joint Center

PROFESSIONAL SOCIETIES

1990-present APTA--Active Membership
1994-present MPTA--Active Membership

TEACHING EXPERIENCE

1995-2003 Teaching Assistant for Upledger Institute and Therapeutic Systems Inc.
1996-2013 Lecture and Lab Instructor, Saint Louis University PT Program
2017-present Teaching Assistant for D'Ambrogio Institute

COMMUNITY PRESENTATIONS

1996 Work Conditioning Programs, MPTA Meeting
1997 Worker's Compensation Laws and Documentation Guidelines
1997 The ADA and Accessibility
1997-2000 Back Schools and Safety Seminars for Industry
1999 Physical Therapy Assessment/Treatment for Insurance Industry
1999 Manual Therapy: Theory and Techniques
2000 Safety in the Workplace, Safety Fest 2000
2003-current Expert Witness for Physical Therapy

CONTINUING EDUCATION

1992 Isostation B-200 User's Course, 1.9 CEU; John F. Barnes Myofascial Mobilization, 1.2 CEU; Pathokinesiology of the Lumbar Spine, Hip and SI, 10 contact hours; Tenth Annual Columbia Sports Medicine Seminar, 8 CE hours
1993 Diagnosis and Treatment of Muscle Imbalances and Musculoskeletal Pain Syndromes, Shirley Sahrman PhD, PT, 1.4 CEU; Evaluation, Treatment and Prevention of Spinal Disorders, Duane Saunders, PT, 14 CE hours; Applications 1993-Isotechnologies National Symposium, 2.1 CEU; OOC Back Evaluation System Review, .65 CEU; Knee--Evaluation and Rehabilitation of Common Pathologies, 1.9 CEU; Examination and Rehabilitation of the Shoulder, Sandy Burkart, 1.6 CEU
1994 Muscle Energy Techniques for the Pelvis, Sacrum, Cervical, Thoracic and Lumbar Spine, Northeast Seminars, 2.1 CEU; McConnell Patellofemoral Treatment Plan, 14 contact hours; Ankle/Foot--A Hands-on Dissection Workshop, Dr. David Chalk, 7 CE hours; Therapeutic Management of the Upper Extremity, 1.6 CEU
1995 The Hand--Dissection and Surgical Technique, Dr. Strege, MD, 7 CE hours; Strain/Counterstrain Workshop, Upledger Institute, 24 CE hours; Oregon Orthotic System--Seminar for Physical Therapists Muscle Energy Techniques for the Pelvis and Spine, Upledger Institute, 24 CE hours; Treatment of Low Back Pain: Returning the Injured Worker to Work; Cervico-Thoraco-Shoulder Complex--Clinical Differential Assessment and Specific Manual Treatment, Dogwood Institute, 1.4 CEU
1996 Craniosacral Therapy I, Upledger Institute, 24 CE hours; Visceral Manipulation I, Upledger Institute, 24 CE hours; Clinical Instructor Training Course, Saint Louis University; Muscle Energy for the Lower Quadrants, Upledger Institute, 21 contact hours
1997 Mulligan Concept--Mobilizations with Movement, 1.4 CEU; Craniosacral Therapy II, Upledger Institute, 24 CE hours
1998 Lumbopelvic and Hip Differential Assessment and Manual Treatment, 14 CE hours; Introduction to Spinal Evaluation and Manipulation, 4.0 CEUs

1999 Positional Release Therapy--Lower Quadrant, Therapeutic Systems, 18 CE hours; APTA CI Education and Credentialing Program, APTA; Muscle Energy Techniques--Lower Quadrant, Therapeutic Systems, 18 CE hours; Muscle Energy Techniques--Upper Quadrant, Therapeutic Systems, 18 CE hours; Assessing and

- Determining Individuals Work Capacity, Concentra Medical Centers, 1.8 CEU; Introduction to Hand Therapy, CME, 1.5 CEU
- 2000 Introduction to Massage Therapy and Allied Modalities, 7 contact hours; Body Talk: Module 1, Therapeutic Systems, 15 CE hours; Fascial Release: Level I, Therapeutic Systems, 16 CE hours; Body Talk: Module 2, Therapeutic Systems, 15 CE hours; Body Talk: Module 3, Therapeutic Systems, 15 CE hours; Fascial Release: Level 2, Therapeutic Systems, 16 CE hours
- 2001 Structural Integrity Exercise Therapy, Therapeutic Systems, 19 CE hours
- 2002 Visceral Manipulation II, Upledger Institute, 24 Contact hours; Mobilisation of the Nervous system, David Butler, PT, 14 CE hours
- 2003 MT-1 Clinical and Scientific Rationale for Modern Manual Therapy, Ola Grimsby Institute, 2.1 CEUs; Cervical/Cervicogenic Headaches, Health Educators of America, 1.0 CEU; Mechanical Lumbar Pain, Health Educators of America, 2.0 CEUs
- 2004 Yoga and Rehabilitation, IWA, 1.2 CEUs; The Body Remembers, Health Positive, 12 CE hours
- 2005 Psychoneuroimmunology for the Bodyworker, Health Positive, 10 hours; Human Gross Anatomy: Back, Neck, Shoulder, Pecs, SLU-PAW 7.5CE hours; Human Gross Anatomy: Spine, Brain, Viscera, SLU-PAWS, 7.5 CE hours; PRRT, Healing Arts Seminars, 13 CE hours; Physical therapy for the Cervical spine and TMJ, APTA, 30 CE hours; Strength and Conditioning, APTA 30 CE hours
- 2006 Cartilage Restoration and Repair Conference, Center for Cartilage Restoration and Repair, 7.5CE hours
- 2007 Postoperative Management of Orthopaedic Surgeries, Orthopedic Section APTA, 30 CE hours
- 2008 Advanced Balance, Flexibility and Stability Improvement, Health Positive, 12 CE hours
- 2009 Diagnostic Imaging in Physical Therapy, APTA, 15 CE hours; Evaluation and Treatment of Shoulder Biomechanics, North American Seminars, Inc, 15 CE hours; A Master Clinicians Approach to Advanced Concepts in Examination and Treatment of the Shoulder Complex, North American Seminars, Inc, 15 CE hours
- 2010 Current Concepts of Orthopaedic Physical Therapy, APTA, 84 CE hours; Evidence Based Orthopedic Massage, Health Positive, Inc., 13 CE hours; Results of Massage Therapy Research, Health Positive, Inc., 10 CE hours; Clinical Decision Making and Professional Development, Regis University, 6 credit hours (60 CE hours)
- 2011 Differential Diagnosis in PT Practice, Health and Wellness in PT Practice, Management of Upper and Lower Extremity Disorders and Dynamics of PT Practice, Regis University, 15 credit hours (150 CE hours)
- 2012 Doctorate Capstone Project, Regis University; Psychology of the Body, Institute for Integrative Healthcare Studies, 12 CE hours
- 2013 Education and Intervention for Musculoskeletal Injuries: A Biomechanics Approach, APTA, 30 CE hours
- 2014 Holistic Pathology I/II, Research, Ethics Related to Working with Ill or Injured Clients, Institute for Integrative Healthcare Studies, 28 CE hours (4 Ethics I)
- 2015 Kinesiotape I/II: Fundamental Concepts and Advanced Concepts and Corrective Techniques, Kinesio University, 16 credit hours; Applications of Regenerative Medicine to Orthopaedic Physical Therapy, APTA, 25 CE hours; Osteoarthritis: Linking Basic Science to Intervention, APTA, 15 CE hours; Activator Full Training Series, Activator Methods
- 2016 Acupuncture: Basic Certification: Module 1-3, Acupuncture Society of America, Inc, 75 CE hours
- 2017 Total Body Balancing: Level 1, D'Ambrogio Institute, 25 CE hours; Lymphatic Balancing: Lower Quadrant, D'Ambrogio Institute, 25 CE hours; Acupuncture: Basic Certification Module 4, 25 CE hours